

Monash Children's Hospital

Referral Guidelines

PAEDIATRIC PLASTIC & RECONSTRUCTIVE SURGERY

EXCLUSIONS

Services not offered by Monash Children's Hospital

Patients over 18 years of age: Refer to Monash Hospital – [Click here](#) for adult Monash Health Plastic & Reconstructive surgery guidelines

CONDITIONS

[Cleft lip and palate service](#)
[Craniofacial anomalies; congenital and acquired](#)
[Ear anomalies / differences](#)
[Breast & chest anomalies / differences](#)

[Nasal deformity](#)
[General plastic surgery and reconstruction](#)
[Trauma; craniofacial, hand, general](#)
[Hand surgery; congenital and acquired](#)

PRIORITY

All referrals received are triaged by **Monash Children's Hospital clinicians** to determine **urgency of referral**.

EMERGENCY

For emergency cases please do any of the following:

- send the patient to the Emergency department OR
- Contact the on call registrar OR
- Phone 000 to arrange immediate transfer to ED

URGENT

The patient has a condition that has the potential to deteriorate quickly with significant consequences for health and quality of life if not managed promptly.

ROUTINE

The patient's condition is unlikely to deteriorate quickly or have significant consequences for the person's health and quality of life if the specialist assessment is delayed beyond one month

Head of unit:
Mr Nelson Low

Program Director:
Mr Alan Saunder

Last updated:
3/7/2023

Monash Children's Hospital

Referral Guidelines

PAEDIATRIC PLASTIC & RECONSTRUCTIVE SURGERY

REFERRAL

How to refer to
Monash Children's
Hospital

Mandatory referral content

Demographic:

Full name
Date of birth
Next of kin
Postal address
Contact number(s)
Email address
Medicare number
Referring GP details
including **provider number**
Usual GP (if different)
Interpreter requirements

Clinical:

Reason for referral
Duration of symptoms
Management to date and response to treatment
Past medical history
Current medications and medication history if relevant
Functional status
Psychosocial history
Dietary status
Family history
Diagnostics as per referral guidelines



[Click here](#) to download the outpatient referral form

CONTACT US

Medical practitioners

To discuss complex & urgent referrals
contact: On-call registrar via Monash Health
Contact Centre: 9594 6666

General enquiries

Phone: 8572 3004

Submit a referral

All referrals are submitted online to Monash Children's Hospital. Please use the link below to find the details.

[Secure eReferrals | Monash Health](#)

Head of unit:
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CLEFT LIP & PALATE SERVICE

WHEN TO REFER?

Initial GP Work Up

- Referral for Cleft clinic including relevant past medical history

Management Options for GP

- N/A

Routine

All referrals for antenatal review and newborn assessment should be directed to Cleft co-ordinator:

Phone: (03) 8572 3833

Mobile: 0400 822 351

Email: amy.mcleod@monashhealth.org

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CRANIOMAXILLOFACIAL ANOMALIES, CONGENITAL OR ACQUIRED

WHEN TO REFER?

Initial GP Work Up

- Referral for Craniofacial clinic including relevant past medical history

Management Options for GP

- N/A

Routine

Craniomaxillofacial anomalies including craniosynostosis, hemifacial microsomia, vascular malformation, haemangioma, facial nerve palsy

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EAR ANOMALIES / DIFFERENCES

WHEN TO REFER?

Initial GP Work Up

- N/A

Management Options for GP

- N/A

Urgent

- Traumatic ear deformities, split earlobes
- If secondary to acute trauma, must be reviewed within 2 weeks

Routine

- Congenital ear deformities, microtia, protruding ears, constricted ears
- Ear tags, ear keloids, split earlobes, traumatic ear deformities (please clarify if acute trauma)

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BREAST & CHEST ANOMALIES / DIFFERENCES

WHEN TO REFER?

Initial GP Work Up

- N/A

Management Options for GP

- N/A

Routine

- Congenital anomalies of breast including Poland syndrome, tuberous breasts, breast reduction, breast asymmetry, supernumerary nipple, aplasia breast / nipple
- Gynaecomastia
- See [Appendix 1: Aesthetic procedures and indications for surgery in Victorian public health services - health.vic](#)

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NASAL DEFORMITY

WHEN TO REFER?

Initial GP Work Up

- Imaging as applicable

Management Options for GP

- N/A

Emergency

If immediately post trauma refer to Monash Health Emergency Department

Urgent

If secondary to acute trauma, must be reviewed between 5 and 10 days post injury (ideally 7 days)

Routine

Dependent on severity

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GENERAL PLASTIC SURGERY AND RECONSTRUCTION

WHEN TO REFER?

Initial GP Work Up

- Include pathology report and other relevant investigations
- Include Ultrasound as applicable

Management Options for GP

- Do NOT perform punch biopsy if melanoma suspected; refer for biopsy / confirmation of diagnosis

Emergency

Referrals for acute burn injuries should be directed immediately to Monash Health Emergency Department

Urgent

- Melanoma (confirmed or suspected), other skin cancers
- Foreign body removal, chronic sores and ulcers

Routine

Scar revision, scar management including post burn, vascular malformations, lymphoedema, chalazion or stye, benign skin lesion, subcutaneous and deep tissue tumours, congenital melanocytic naevus / giant naevus

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TRAUMA; CRANIOMAXILLOFACIAL, HAND , GENERAL

WHEN TO REFER?

Initial GP Work Up

- X-ray or Ultrasound as applicable
- Include details of functional impairment in referral

Management Options for GP

- N/A

Emergency

Referrals for open fractures and acute injuries including burns should be directed immediately to Monash Health Emergency Department

Urgent

Closed fractures, subacute injuries

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HAND SURGERY; CONGENITAL AND ACQUIRED

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WHEN TO REFER?

Initial GP Work Up

- Hand X-ray or Ultrasound as applicable
- Include details of functional impairment in referral

Management Options for GP

- N/A

Emergency

Referrals for open hand fractures and acute fingertip injuries should be directed immediately to Monash Health Emergency Department

Urgent

Closed hand fractures, subacute fingertip injuries

Routine

Congenital hand deformities, stenosing tenosynovitis (eg. trigger release), carpal tunnel and other nerve compression syndromes, nerve palsies, rheumatoid hand deformities, dupuytrens contracture, soft tissue tumours of hand (ganglia)

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