Monash Children’s Hospital
Referral Guidelines
PAEDIATRIC REHABILITATION

EXCLUSIONS
Services not offered by Monash Children's Hospital Rehabilitation Service

Patients over 18 years of age: please refer to relevant adult Monash Health specialty
Global Developmental Delay

CONDITIONS

Cerebral Palsy
Toe Walking
Spasticity management including intrathecal baclofen
Spinal Cord impairment
Guillain–Barré syndrome
Other neurological conditions
Acquired Brain Injury
Chronic Fatigue Syndrome
Chronic pain
Post surgery for complex orthopaedic conditions
Deconditioning post illness, surgery or injury
Oncology rehabilitation
Conversion disorder

NB: For intrathecal baclofen pump, refer to Emergency Department if pump is beeping; or refer urgently to outpatient rehabilitation clinic if there is any increase in spasticity or dystonia (see referral information over page).

Please assess the child for infection or painful condition and include relevant information in your referral. If you have any queries, please contact the Paediatric Rehabilitation registrar or consultant via the Monash Health switch: 9594 6666

PRIORITY
All referrals received are triaged by Monash Children’s Hospital clinicians to determine urgency of referral.

EMERGENCY
For emergency cases please do any of the following:
- Send the patient to the Emergency department OR
- Contact the on call registrar OR
- Phone 000 to arrange immediate transfer to ED

URGENT
The patient has a condition that has the potential to deteriorate quickly with significant consequences for health and quality of life if not managed promptly.

ROUTINE
The patient's condition is unlikely to deteriorate quickly or have significant consequences for the person's health and quality of life if the specialist assessment is delayed beyond one month

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REFERRAL
How to refer to Monash Children’s Hospital

Find up-to-date information about how to send a referral to Monash Health on the eReferrals page on our website.

CONTACT US
Medical practitioners
To discuss complex & urgent referrals contact: on-call Paediatric Rehabilitation registrar or consultant via Monash Health switchboard: 9594 6666

General enquiries
Phone: 8572 3004