

## Department of Paediatric Endocrinology and Diabetes

### Obtaining your learners permit/drivers licence

If you are applying for or already hold a current learner permit or driver licence and have been diagnosed with diabetes treated by glucose lowering agents and/or insulin, you are required by law to notify VicRoads.

Please visit <https://monashchildrenshospital.org/endocrinology-diabetes/> and read the following steps when preparing for your learners/driver licence.

1. Read the VicRoads Information Update (Oct 2019) on '**Diabetes and Driving**' and submit the '**Notification of Diabetes to VicRoads**' form available from the Monash Children's Hospital website: <https://monashchildrenshospital.org/endocrinology-diabetes/>
2. Please read the NDSS Booklet on '**Diabetes And Driving: Above 5 To Drive**' available from the Monash Children's Hospital website: <https://monashchildrenshospital.org/endocrinology-diabetes/>
3. A **VicRoads Medical Report** (available on [vicroads.vic.gov.au](http://vicroads.vic.gov.au) or Monash Children's Hospital website) will need to be completed by your treating Endocrinologist. In order for them to complete this form, you will be required to submit to them at your appointment the following:
  - a) **VicRoads Medical Report**, AFTER you have completed the top section of the form i.e. personal details, permit type, status, and number. This form can also be completed online by your specialist, however you will need to bring your VicRoads reference/license number and case number found on your VicRoads letter to your appointment. \*Paper report is preferred
  - b) A **recent optometry report** (within the last 6 months). Your treating specialist needs this in order to complete the section on 'visual acuity' on the medical report.
  - c) **Recent HbA1c result**. Evidence of good diabetes control is required. At present, a 'point of care' HbA1C test is performed routinely at all face-to-face clinic appointments. If this has not occurred, you will need to have this test done at your local pathology provider.
  - d) **Evidence of blood glucose monitoring**
4. Please note that the VicRoads Medical Report will only be completed **during your clinic appointment** with your specialist as this enables them to complete the appropriate counselling on driving with diabetes, complete the medical report, and return this to you/submit to VicRoads during your appointment. Please bring all supporting documentation as listed above to your appointment to enable timely completion of the report.