## Information for patients, families and carers

## **School Resources**

## **Diabetes action and management plans**

All children/students with type 1 diabetes attending early childhood settings, primary or secondary schools in Victoria need have a current Diabetes Action and Management plan in place to ensure that their diabetes care needs are supported and met.

These Diabetes Action and Management Plans have been developed by Diabetes Victoria, in conjunction with Royal Children's Hospital and Monash Children's Hospital diabetes treating teams. The plans are based on current best practice paediatric guidelines and are reviewed annually.

The plans need to be discussed, completed and signed by the child/student's diabetes treating team, parents/carers and either early childhood or school representatives. (Diabetes Australia Website)

The Diabetes action and management plans are available to download from the Monash Children's website.

## **Diabetes in Schools Program**

The Diabetes in Schools program encourages families, schools and health professionals to work together to support students to manage their Type 1 diabetes at schools. This program is funded by the Australian Government through the National Diabetes Service Scheme (NDSS).

This program includes an individualised skills training which involves practical, face to face training for designated school staff that focuses on the individual student's diabetes management.

This training is delivered to the school by a qualified healthcare professional.

If your child's school would like more information regarding training and support, visit www.diabetesinschools.com.au

You can notify the school by completing a "tell a school form" that can be found at the bottom of the diabetes in schools website.

Alternatively, the school principal can request training by creating a Diabetes in schools account online.

Please note that the Level 3 Individualised Skills Training on the Diabetes In Schools website is currently funded <u>only</u> for schools, and does not cover early childhood settings or Outside School Hours Care (OSHC) at this time.

For more information or support, please contact

Diabetes in Schools: State coordinator on 1800 637 700

Monash Children's Hospital – Diabetes in School DNE on 0428 722 697 or email Diabetesinschools@monashhealth.org

