

Monash Children's Hospital Referral Guidelines PAEDIATRIC REHABILITATION

EXCLUSIONS

Services not offered by Monash Children's Hospital Rehabilitation Service

Patients over 18 years of age: please refer to relevant [adult Monash Health specialty](#)
Global Developmental Delay

CONDITIONS

Cerebral Palsy
Toe Walking
Spasticity management including intrathecal baclofen
Spinal Cord impairment
Guillain–Barré syndrome
Other neurological conditions
Acquired Brain Injury
Chronic Fatigue Syndrome
Chronic pain
Post surgery for complex orthopaedic conditions
Deconditioning post illness, surgery or injury
Oncology rehabilitation
Conversion disorder

NB: For intrathecal baclofen pump, refer to **Emergency Department** if pump is beeping; or refer urgently to outpatient rehabilitation clinic if there is any increase in spasticity or dystonia (see referral information over page).

Please assess the child for infection or painful condition and include relevant information in your referral. If you have any queries, please contact the Paediatric Rehabilitation registrar or consultant via the Monash Health switch: 9594 6666

PRIORITY

All referrals received are triaged by **Monash Children's Hospital clinicians** to determine **urgency of referral**.

EMERGENCY

For emergency cases please do any of the following:

- send the patient to the Emergency department OR
- Contact the on call registrar OR
- Phone 000 to arrange immediate transfer to ED

URGENT

The patient has a condition that has the potential to deteriorate quickly with significant consequences for health and quality of life if not managed promptly.

ROUTINE

The patient's condition is unlikely to deteriorate quickly or have significant consequences for the person's health and quality of life if the specialist assessment is delayed beyond one month

Head of unit:
A/Prof Barry Rawicki

Program Director:
Prof Nick Freezer

Last updated:
26/06/2019



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REFERRAL

How to refer to
Monash Children's
Hospital

Referral information

Please refer to our web sites

- www.vprs.org.au
- www.monashchildrenshospital.org/rehabilitation

NB: The Victorian Paediatric Rehabilitation Service (VPRS) is a state wide service with multiple sites across Melbourne and Victoria. The VPRS website has the list of sites that may be closer for the child and family to attend.

Mandatory referral content

Demographic:

Full name
Date of birth
Next of kin
Postal address
Contact number(s)
Email address
Medicare number
Referring GP details
including **provider number**
Usual GP (if different)
Interpreter requirements
NDIS plan if applicable
Multidisciplinary team involved with
child/adolescent and family if
applicable

Clinical:

Reason/ purpose of referral
Duration of symptoms
Management to date and response to
treatment
Past medical history
Current medications and medication
history if relevant
Functional status
Psychosocial history
Dietary status
Family history
Diagnostics as per referral guidelines



[Click here](#) to download the outpatient referral form

CONTACT US

Medical practitioners

To discuss complex & urgent referrals
contact: on-call Paediatric Rehabilitation
registrar or consultant via Monash Health
switchboard: 9594 6666

Submit a referral

Fax referral form to Paediatric Rehabilitation:
Fax: 8572 3817
Email: vprs@monashhealth.org

General enquiries

Phone: 8572 3004

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