General Paediatrics Department

Meet the team

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1 Dr Cathy McAdam, Head of the Department of General Paediatrics, Monash Children's Hospital



Dr Cathy McAdam is Head of the Department of General Paediatrics, Monash Children's Hospital.

She is a general paediatrician who leads our expert team at all three sites - Monash Children's Hospital, Clayton, Dandenong Hospital and Casey Hospital.

Dr McAdam has many years' experience in developmental and behavioural paediatrics.

She started as a consultant at Dandenong Hospital in 1998 and is also an Advanced Paediatric Life Support instructor teaching health professionals how to manage seriously unwell or injured children.

She also has a small private practice in Dandenong.

Dr McAdam is a passionate advocate for Indigenous health and for the past 10 years has had a regular appointment as a paediatrician in the remote Kimberley region in Western Australia.

2 Dr Simon Cohen, Consultant Paediatrician, Head of Pain Services, Monash Children's Hospital



Dr Simon Cohen, who specialises in pain medicine, qualified in the UK in 1995 and as a consultant paediatrician with a wealth of experience in the UK and Australia, is able to deal with all aspects of a child's health, development and general wellbeing.

Dr Cohen has an understanding of the difficulties and challenges of looking after a child with chronic pain and how this can impact on the family.

By combining the latest pain medicine knowledge and careful use of medications with a broader, holistic approach, he aims to improve the function and quality of life of children with chronic pain.

Dr Cohen moved from The Sydney Children's Hospital to Monash Children's Hospital to set up pain services for the new Monash Children's Hospital. He is also Chief Medical Officer of Very Special Kids hospice in Malvern which supports children with life limiting illnesses throughout their life and in the terminal phase.

Dr Cohen has experience in managing palliative care and symptom management for children with severe neurological disabilities. He also has a private pain practice seeing adults and children.

3 Dr Ciara Earley, General Paediatrician Monash Children's Hospital, and Forensic Paediatrician in the Victorian Forensic Paediatric Medical Service at Monash Children's



Dr Ciara Earley is a general paediatrician who conducted her initial years of paediatric training in Ireland and moved to Melbourne in 2004.

She trained at Monash Medical Centre, the Royal Children's Hospital and in Tasmania at the Royal Hobart Hospital.

Dr Earley also works as a forensic paediatrician within the Victorian Forensic Paediatric Medical Service at the Monash Children's site.

She has an interest in acute paediatrics but is also involved in the management and provision of services for abused and neglected children.

4 Dr Peter Gowdie, General Paediatrician and Paediatric Rheumatologist, Monash Children's Hospital



Dr Peter Gowdie is a general paediatrician and paediatric rheumatologist.

Dr Gowdie studied medicine at the University of Melbourne before training in General Paediatrics at Monash Children's Hospital and the Royal Children's Hospital.

He started paediatric rheumatology training at the Royal Children's Hospital, Melbourne, before embarking on a Paediatric Rheumatology Fellowship at The Hospital for Sick Children in Toronto, Canada.

Dr Gowdie also has a rheumatology appointment at the Royal Children's Hospital and is involved in rheumatology and general paediatric research at Monash Children's Hospital and The Royal Children's Hospital.

He has a keen interest in medical education and is involved in teaching undergraduate medical students and postgraduate rheumatology and paediatric trainees.

5 Dr Katrina Harris, General Paediatrician, Developmental Paediatrician, Head of Developmental Paediatrics, Monash Children's Hospital and Medical Lead for Monash Children's@Home



Dr Katrina Harris is a general and developmental paediatrician who enjoys the challenges of working with children with complex needs.

Dr Harris has more than 20 years' experience as a paediatrician.

After training in Melbourne and Darwin she worked in North Queensland, with a particular interest in Indigenous health, developmental issues and the training of future doctors.

Dr Harris is Head of Developmental Paediatrics at Monash Children's, and Medical Lead for Monash Children's@Home.

6 Dr Sarah Jame, General Paediatrician, Monash Children's Hospital

Dr Sarah Jame is a general paediatrician who trained in paediatrics at Monash Medical Centre, The Royal Children's Hospital, Melbourne and Chelsea and Westminster Hospital, London.

Dr Jame enjoys treating and looking after children of all ages with acute and chronic general paediatric problems or developmental and behavioural problems.

She also works privately in Camberwell.

Dr Jame has an interest in acute care and teaching, and teaches Advanced Paediatric Life Support Courses across Australia and runs Resus4Kids training courses for Monash Children's Hospital staff. These courses aim to optimise the emergency resuscitation and treatment of seriously ill or injured children by health care professionals.

7 Dr Paul Machet, General Paediatrician, Head of the Paediatrics Unit at Casey Hospital, Acting Head of the Paediatrics Unit at Dandenong Hospital



Dr Paul Machet leads our team of general paediatricians at Dandenong and Casey hospitals.

A general paediatrician with many years' experience in general paediatrics, he is Head of the Paediatrics Unit at Casey Hospital and Acting Head of the Paediatrics Unit at Dandenong Hospital.

Dr Machet started as a consultant at Casey and Dandenong Hospitals in 2012 having previously been at the Women's and Children's Hospital in Adelaide for nine years.

He is also in private practice in Dandenong and Berwick and provides neonatal care at St John of God Hospital, Berwick.

As an Advanced Paediatric Life Support instructor, Dr Machet teaches health professionals how to manage seriously unwell or injured children.

He is interested in the use of IT to improve the efficiency and quality of healthcare and is one of the paediatric representatives on the Monash Health Electronic Medical Record Clinical Working Party.

8 Dr Chris Pappas, Paediatrician, Monash Children's Hospital and Monash University lecturer



Dr Chris Pappas has extensive experience in Paediatric Medicine, having been a hospital paediatrician caring for sick children for 30 years.

He has also conducted his private practice in Melbourne's south east, where children with a variety of chronic, developmental and other problems have been managed.

Teaching undergraduate students and post-graduate paediatric trainees has been an interest, and Dr Pappas is a lecturer with Monash University and an examiner with the Royal Australasian College of Physicians.

He has developed an interest in safety and quality issues in medical practice through his involvement on the Monash Children's Quality Committee.

9 Dr Martin Tuszynski, General Paediatrician, Emergency Paediatrician, and Lead Clinician, General Paediatric Clinics, Monash Children's Hospital, Clayton

Dr Martin Tuszynski is a paediatrician working in general paediatrics and paediatric emergency at Monash Children's Hospital, Clayton.

Dr Tuszynski has expertise in acute paediatric care.

He is also the lead clinician for the general paediatric clinics at the Clayton campus.

Dr Tuszynski is happy to be contacted by health care providers within and outside the hospital setting with issues about the referral of children to our clinics and advice about any pre-referral intervention and work-up.